

## Price List



**CHENOT**  
ESPACE

## PROGRAMMES

<b>Advanced Detox</b>	6 Days / 7 Nights	EUR 3.790
<b>Fundamental Detox</b>	6 Days / 7 Nights	EUR 3.450
<b>Detox</b>	3 Days / 4 Nights	EUR 1.690
<b>De-Stress &amp; Re-Charge</b>	4 Days / 5 Nights	EUR 3.150
<b>Fitness Programme</b>	3 Days / 4 Nights	EUR 2.050
<b>Weekend Spa Deluxe</b>	2 Days / 3 Nights	EUR 1.300
<b>Chenot Day Spa</b>	1 Day	EUR 450
<b>Complete Facial Care Programme</b>	1 day	EUR 390

## MEDICAL DEPARTMENT

### DIAGNOSTICS

Medical Consultation	30 minutes	EUR 145
Nutritional Consultation	30 minutes	EUR 80
Bio-Energetic Check-up	30 minutes	EUR 130
Laboratory Diagnostic Tests	15 minutes	EUR 90
Food Intolerance Tests	15 minutes	EUR 250
Oxidative Stress Assessment	15 minutes	EUR 80
Arterial Stiffness Assessment	15 minutes	EUR 80
Measurement of Advanced Glycation End Products (AGEs)	15 minutes	EUR 80
Minerals and Heavy Metals Analysis	15 minutes	EUR 155
Skin Collagen Thickness Assessment	15 minutes	EUR 80

### TREATMENTS

Chenot Bio-Energetic Treatment	30 minutes	EUR 80
Acupuncture Treatment	30 minutes	EUR 100
Ozone Therapy Systematic Application	30 minutes	EUR 155
Intravenous Nutrient Therapy	30 minutes	EUR 155
Hydro-Colon Treatment	60 minutes	EUR 130

## HUMAN PERFORMANCE DEPARTMENT

### DIAGNOSTICS

Cardiorespiratory Fitness Assessment	60 minutes	EUR 180
Resting Metabolic Rate Assessment	30 minutes	EUR 145
Stress Test (HRV Analysis)	30 minutes	EUR 130
HRV Biofeedback Training	5 Sessions	EUR 100
Stress Test (HRV Analysis) with HRV Biofeedback Self-Training	30 minutes	EUR 220
Body Composition Analysis	30 minutes	EUR 80
Postural and Movement Assessment	30 minutes	EUR 160

### TREATMENTS

Neuromuscular Activation Treatment	60 minutes	EUR 140
Whole-Body Cryotherapy Treatment at -110°C	15 minutes	EUR 60
Neuro-Acoustic Deep Relaxation Treatment	30 minutes 60 minutes	EUR 60 EUR 110

# AESTHETIC DEPARTMENT

## HYDROTHERAPY DEPARTMENT

### TREATMENTS

Hydro-Aromatherapy	20 minutes	EUR 75
Phyto-Mud Treatment	20 minutes	EUR 85
Hydro-Jet Treatment	10 minutes	

I. BODY TREATMENT	55 minutes	EUR 130
- Chenot Detox Body Massage		
- Chenot Energetic Massage		
- Chenot Relaxing Massage		
- Chenot Connective Tissue Massage		
- Chenot Head and Shoulders Massage		
- Chenot Regenerating Treatment		
- Chenot Feet Reflex Treatment		
- Chenot Lymphatic Manual Massage		
- Chenot Cellulite Treatment		
- Chenot Abdominal Treatment		
- Chenot Tonic Massage		
- Chenot Prenatal Massage		
II. FACIAL TREATMENT	55 minutes	EUR 135
- Chenot Purifying Detox Facial Treatment		
- Chenot Illuminating and Nourishing Treatment		
- Chenot Anti-Aging Regenerating Treatment		
- Chenot Facial Drainage Treatment		
- Chenot Neck, Arm and Décolleté Treatment		
- Chenot Face and Head Treatment		
- Chenot Eye Treatment	25 minutes	EUR 95

# MEDICAL AESTHETIC DEPARTMENT

## DIAGNOSTICS

<b>Medical Aesthetic Consultation</b>	25 minutes	EUR 130
<b>Skin Analysis</b>	25 minutes	EUR 130

## TREATMENTS

### I. COSMETIC MEDICINE

#### Biorevitalization with PRP

• Small Area	25 minutes	EUR 600
• Full Face	25 minutes	EUR 1100

<b>Hyaluronic Acid Fillers</b>	25 minutes	EUR 400 ml (cost per vial)
--------------------------------	------------	-------------------------------

#### Botulinum

• small area	25 minutes	EUR 350
• full face	25 minutes	EUR 600
• armpits or hands or feet	25 minutes	EUR 900

#### Thread Lift

• 6 threads	30 minutes	EUR 1000 (each extra thread EUR 100)
-------------	------------	---

#### Mesotherapy

• Face	30 minutes	EUR 400
• Double Chin	30 minutes	EUR 500
• Neck	30 minutes	EUR 300
• Cellulite per area	30 minutes	EUR 300
• Hair	30 minutes	EUR 450
• Microneedling – Dermaroller	15 minutes	EUR 300 without vial

## II. ADVANCED AESTHETIC TECHNOLOGY

### A. SKIN HEALTH

<b>Photobiomodulation Treatment</b>	25 minutes	EUR 90
<b>Hydrafacial MD for deep facial rejuvenation</b>		
• Signature Basic	30 Minutes	EUR 140
• Platinum	60 Minutes	EUR 230
• Signature Basic plus Booster	30 Minutes	EUR 215
• Platinum plus Booster	60 Minutes	EUR 300

### B. SKIN TIGHTENING AND BODY CONTOURING

<b>SKINeo – Ultrasound and Electrotherapy (per area)</b>	from 30 minutes	EUR 150
<b>INDIBA – Proionic System (per area)</b>	from 30 minutes	EUR 180
<b>Kimatur DUO – Acoustic Waves (per area)</b>	30 minutes	EUR 200
<b>LymphaStim – Compression Therapy System</b>	30 minutes	EUR 130

## TRADITIONAL AESTHETICS

<b>BODY SCRUB</b>	55 minutes	EUR 130
-------------------	------------	---------

### DEPILATION WITH HOT WAX

• Arms	25 minutes	EUR 40
• Full-leg + Bikini-line	45 minutes	EUR 80
• Half-leg	25 minutes	EUR 40
• Half-leg + Bikini-line	25 minutes	EUR 50
• Underarm	20 minutes	EUR 30
• Bikini-Line	15 minutes	EUR 40
• Brazilian	25 minutes	EUR 50
• Lips or Side face	20 minutes	EUR 20
• Back Wax for Men	25 minutes	EUR 50
• Chest Wax for Men	25 minutes	EUR 60
• Eyebrow Shape	25 minutes	EUR 40

# SPORT & FITNESS DEPARTMENT

## INDOOR & OUTDOOR ACTIVITIES

**Personal Training**

**Yoga Classes**

**Pilates**

**Aqua-Fitness**

**Functional Training**

PRICE FOR INDIVIDUAL LESSON	30 minutes	EUR 60
	45 minutes	EUR 90
	60 minutes	EUR 105
CLASS FOR TWO OR MORE PEOPLE	30 minutes	EUR 45 / per person
	45 minutes	EUR 65 / per person
	60 minutes	EUR 75 / per person

## YOGA CLASSES INDOOR & OUTDOOR

Price for individual lesson:	60 min	EUR 105
	90 min	EUR 140
	120 min	EUR 190
Lesson for two or more people:	60 min	EUR 75
	90 min	EUR 90
	120 min	EUR 130

*One&Only*

PORTONOVİ

*Montenegro*